

Cerist Triathlon Club

CERIST MACHYNLLETH

Winter Aquathlon Series

<u>Race 1 - 400m swim & 5km run</u>

<u>Bro Ddyfi Leisure Centre Machynlleth</u> <u>January 29th 2012.</u>

The 2012 triathlon season kicked off in Wales with the first race being held here at Bro Ddyfi Leisure Centre in Machynlleth. It was race one of three in the Aquathlon series, for what is going to be a busy (Olympic) year for the ever popular and expanding Cerist Triathlon Club.

This was the 5th year of the Aquathlon's series held in the picturesque and historic town of Machynlleth. The turnout was excellent, with 50 triathlete's taking part, ranging from novice to international triathlete's.

All age groups were keenly contested, with some great battles and exceptional quick times both in the pool and out on the run. This bodes well for an interesting series, which will undoubtedly have more twists before the final standings following race 3.

The overall victory in the male race went to Harlech based Huw Brassington with an excellent time of 22 minutes 34 seconds. He was closely followed by local triathlete Dylan Jones, who has established himself on the triathlon scene since taking the series victory in 2011. Third spot went to the 17 year old (Junior), Kieran John, who travelled up form Neath to compete, coming home in a very creditable time of 24 minutes 13 seconds.

In the female category, victory went to local Abeystwyth based Anita Saycell in a great time of 30 minutes 12 seconds, closely followed by last years series winner, Jan Davies of Rhyader in a time of 31 minutes 4 seconds. Third spot went to another local Aberystwyth lady, Pip Williamson in a time of 31 minutes 39 seconds.

There were numerous Cerist members taking part, many of them for the first time. My congratulations go to them and all who travelled to support the event.

Check the Cerist website for full results. My final thanks go to the marshals, timekeepers and cerist members who helped on the day.

See you all at races two and three!

Kev.





